

# SUPER**SPARRING** C O U R S E

WITH  
EUROPEAN  
& WORLD  
CHAMPION  
**MASTER**



**RAFAEL NIETO**

**10 DAN BLACK BELT**

LOCATION: CLUB MUGENDO GRACIA

TRAVESSERA DE GRACIA 108 –  
BARCELONA- 08012

## COURSES:

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- |                   |  |             |
|-------------------|--|-------------|
| 1- 15.00 TO 16:30 | <u>PROFESSIONALS</u> , BLACK<br>BELTS ONLY | <b>100€</b> |
| 2- 17.00 TO 18.00 | <u>ALLLEVELS</u>                           | <b>50€</b>  |

INCLUDING DIPLOMA\*

**2 JUNE**

# SUPER COURSE

with

# Master Rafael Nieto



Come train with a Martial Arts Legend



Rafael Nieto is the founder of Xen-Do Martial Arts. He now runs four schools in London (Marylebone, Golders Green, Baker Street and the newest club, Goodge Street).

**“Rafael Nieto taught Mugendo for thirty years under the supervision of Meiji Suzuki”**

His philosophy is "Fit For Life". Master Rafael understands that people who do Martial Arts should incorporate it as a symbiotic part of daily life. Martial Arts and life must unite as one.

Dai Master Rafael has been involved in Martial Arts since 1972. During that time he has done various fighting systems, winning national and international titles.

He became Technical Director of the National Karate College in 1988 and British Team Coach in 1992.

Master Rafael founded and developed the World Association of Kickboxing Organizations (WAKO) representing the Spanish Organization in 1994. He won the British WAKO title four times in addition to the World and European WAKO title.

For 15 years he served as a firefighter in London, helping people in dangerous situations, living life on the edge.

With his pupil, Master Ricardo Gress, he works closely to promote the Martial Arts community in both Great Britain and Spain. They are recognised as leaders in the Martial Arts community worldwide.

In 2012 he was awarded the most important Henry Cooper award in recognition of his contribution to the inspiration and development of the younger generation.