



Master Rafael Nieto's Super Sparring Course in Barcelona

GRAN SEMINARIO TECNICO REALIZADO POR MASTER "RAF" EN BARCELONA



On Friday, June 2 in Barcelona, Spain, Master Rafael Nieto, World and European Champion and former coach of the English WAKO team, offered an outstanding special course for professionals and black belts at Mugendo Gracia School of Martial Arts and Self Defence.

Dai Master Rafael Nieto is known worldwide as "Master Raf" and is famous for his martial style: Xen-Do. He has over 40 years of extensive experience both as an athlete and competitor in the Martial Arts world. Master Raf's philosophy, "Fit for Life" has led him to receive numerous awards from respected organizations around the globe. "Fit for Life" promotes the importance of incorporating Martial Arts into people's daily life.

The course was divided into two sessions, one in the morning and one in the afternoon. More than 50 professionals in the first session and 30 in the second gained an enormous amount of knowledge of technique and strength during the duration of the course. At the end of the course, both Master Raf and Ricardo Gress, organizer and promoter of the event, presented course diplomas to the professionals. The support received from everyone involved was outstanding. The course focused on the message of equality, perseverance, tolerance and effort as being the pillars of martial arts education.

